

# Christian Service Program YOUTH GUIDE

Last updated January 14, 2010

The Youth Guide is intended to provide ideas and contact information for possible volunteer opportunities. Contact information and activities may change, please ask for the Volunteer Coordinator when inquiring about current opportunities. Parents are encouraged to screen the agency/organization for suitability for your child. Additions to this list may be offered in writing to the School Office or by contacting the Student Council Service Commissioner.

**Parents who volunteer to drive or chaperone a sponsored event may apply their time against their Service Hour Contract.**

## CARE FOR THE ELDERLY

Many of the residents in these programs are elderly and quite often, lonely. **Please show respect and proper manners when visiting.** Speak slowly and clearly. Ask them to tell you about themselves, what they liked to do when they were your age, where they grew up, etc.

ORGANIZATION	OPPORTUNITY	OTHER	ACTIVITY DATES
<b>SAN CARLOS ELMS</b>	Volunteers are needed to provide company, perform artistically, participate in activities and do arts and crafts with the residents.  <i>Please call ahead to arrange your visit.</i>	Would love students to come by and play the piano.	On-going  <i>Preferred times are Monday's at 2:00 and any time on weekends.</i>
<b>CARLMONT GARDENS</b> 2140 Carlmont Drive Belmont, CA 94002 (650) 591-9601	Volunteers are needed to provide company, perform artistically, participate in activities and do arts and crafts with the residents.		On-going
<b>SUNRISE ASSISTED LIVING</b> 1010 Alameda de las Pulgas Belmont, CA 94002 (650)508-0400 or (650)413-6684  Volunteer Coordinator: Shaida	Volunteers are needed to provide company, play games, participate in activities and do arts and crafts with residents.  <i>Please call ahead to arrange your visit. Visitors are welcome anytime. .</i>	Shaida has indicated she welcomes student plays, singing, presentation of special projects (e.g. Science Projects, class assignments).	On-going
<b>CHESTNUT CARE</b> <b>590 CHESTNUT STREET</b> <b>SAN CARLOS</b> <b>650-704-5973</b>	Small elder care facility. Interested volunteers can visit, play cards, or sing to the 10-15 residents. Please call ahead to arrange your visit.		On-going

ORGANIZATION	OPPORTUNITY	OTHER	ACTIVITY DATES
<b>SAN CARLOS SENIOR CENTER</b> 601 Chestnut Street (650) 802-4384  Contact Person: Allison Anson Garden Program 591-0341 ext. 239	The San Carlos Senior Center is established as a day use recreation center for community members, ages 55 and over.  Volunteers may be needed to assist with the Community Garden, (located at the Senior Center), which promotes intergenerational activities in a pesticide free garden environment, with produce grown to benefit the Senior Center lunch program and other non-profit organizations.		On-going
<b>VETERANS MEMORIAL SENIOR CENTER</b> 1455 Madison Avenue Redwood City, CA 94061 (650)780-7344	The Center helps seniors maintain a healthier and more productive lifestyle. Volunteers can help decorating for and coordinating special events.		On-going

## **ENVIRONMENTAL STEWARDSHIP**

ORGANIZATION	OPPORTUNITY	OTHER INFO	ACTIVITY DATES
<b>FRIENDS OF HUDDART/WUNDERLICH PARKS</b> P.O. Box 884 San Carlos, CA 94070 (650) 851-2660	Help preserve the beauty of two of San Mateo County's parks. Volunteers are needed to assist county rangers with park and trail maintenance and repair, and lead to nature walks for children.		
<b>HALF MOON BAY STATE BEACH</b> 95 Kelly Avenue Half Moon Bay, CA 94019 (650)726-8801 Volunteer Coordinator: Marianne Kjobmand	California State Park's restoration projects help restore the dune ecosystem which will increase wildlife in the parks. Volunteers will plant native plants and remove non-native plants. They will learn how to identify ten native plants and five non-native plants. (Parental permission slips are required.)	Work is scheduled every Saturday and Sunday, and some weekdays.  Individual arrangements may be made by contacting Marianne.	<b>Must have permission slips.</b> Contact Marianne for info.

ORGANIZATION	OPPORTUNITY	OTHER	ACTIVITY DATES
<p><b>ELKUS YOUTH RANCH</b>  www.bokranch.com  625 Miramontes, #200  Half Moon Bay, CA 94019  (650) 712-3158  Volunteer Coordinator: Jessica  Aaronsen 650.366-2265  <a href="mailto:jessica@bokranch.com">jessica@bokranch.com</a></p>	<p>Students from all over the Bay Area come to Elkus Ranch for farm tours and environmental learning. Volunteers can pitch in with livestock care, gardening activities, and trail work.</p>	<p><i>Must be 14 or older.</i></p>	
<p><b>FRIENDS OF EDGEWOOD PARK</b>  Contact Person: Ken Himes  (650) 591-8560  <a href="http://www.friendsofedgewood.org">http://www.friendsofedgewood.org</a></p>	<p><b>Program Description</b>  The Friends of Edgewood is a non-profit organization of people from the community surrounding Edgewood (mostly San Mateo and Santa Clara counties) who are interested in preserving, protecting, and restoring Edgewood's natural resources. All of our members volunteer their time, energy, and resources because of their appreciation for Edgewood</p> <p><b>Program Hours</b>  Wednesday 5:30-8:00PM, Fridays 8:30-11:30AM, Various Saturday Mornings</p> <p><b>Responsibilities</b>  To follow and support our mission to preserve Edgewood County Park and Natural Preserve for the human, plant, and animal generations to come.  Request of 3+ hours per week.  Job orientation and training will be provided by organization.</p>		
<p><b>VISTA PARK</b>  Vista Park  401 Crestview Drive (near Club)  San Carlos</p> <p>Contact Person: Anita Olsen  (650) 802-4311</p>	<p><b>Program Description</b>  The San Carlos Parks &amp; Recreation Department has developed Vista Park as a pilot site Native Vegetation and Pesticide Free park. To support this focus, volunteer support is needed to assist with weeding, plantings, litter control and general park maintenance.</p> <p><b>Responsibilities</b>  Work with identified volunteer project leaders to work on weeding &amp; planting projects as identified and assist with general park maintenance</p>		

ORGANIZATION	OPPORTUNITY	OTHER	ACTIVITY DATES
<p><b>ReLeaf Fruit Picks</b></p> <p>Contact Person: Debby Kramer (650) 520-4410</p>	<p>San Carlos ReLeaf will coordinate community volunteers to harvest backyard fruit trees for community members. Fruit that is picked is shared with the homeowner, the Senior Center's Caring Cupboard program (a food subsidy program for San Carlos senior citizens on low income) and the Second Harvest Food Bank.</p> <p><b>Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Assist with picking fruit off of fruit trees</li> <li>• Assist with delivering fruit to identified community service organizations</li> </ul> <p><b>Time Commitment</b> On call assignment, may take 2 hours per assignment</p>		
<p><b>SAVE OUR SHORES</b> <a href="http://www.saveourshores.org">www.saveourshores.org</a> 30 Portola Avenue P.O. Box 1163 El Granada, CA 94018 (650)560-9533</p>	<p>Save Our Shores' mission is to protect and promote the ecological integrity of the Monterey Bay National Marine Sanctuary through policy research, education and citizen action. Help with beach cleanups after school or weekend events!</p>		
<p><b>SAN MATEO COUNTY PARKS &amp; RECREATION DEPARTMENT</b> 455 County Center, 4<sup>th</sup> Floor Redwood City, CA 94063 (650)599-1306 Volunteer Coordinator: Nick Ramirez</p>	<p>Work alongside Park Rangers on various Trail Repair and Trail Improvement projects. Jobs may also include native tree and shrub replanting and removal of non-native plants. Hours are flexible. <b>GROUPS ONLY!</b></p>		<p><i>On list for notification if local park needs help.</i></p>
<p><b>BAYLANDS NATURE PRESERVE (City of Palo Alto)</b> 2500 Embarcadero Road Palo Alto, CA 94301 (650)617-3100</p>	<p>Our mission is to protect and interpret our natural world for people to enjoy now and in the future. Volunteer opportunities at the Baylands Nature Preserve include habitat restoration, trail maintenance, litter pick-up and more. One-time service projects are available.</p>		

# HEALING MINISTRIES

## DISABILITIES

ORGANIZATION	PURPOSE	OTHER	ACTIVITY DATES
<b>KAINOS HOME AND TRAINING CENTER</b> 3631 Jefferson Avenue Redwood City, CA 94062 (650)363-2423 Volunteer Coordinator: Diane	Kainos provides developmentally disabled adults with housing, vocational training and employment. Volunteers are welcome to assist developmentally disabled adults with developing social skills, bowling, cooking, art/music, computer skills, or they can act as a "buddy" for special events.	One-on-One volunteers must be 18.  Younger volunteers may assist with hospitality/social events.	<i>Program Qualification pending.</i>
<b>SPECIAL NEEDS PROGRAM</b> Laureola Park 503-527 Old County Road San Carlos, CA 94070 (650) 802-4383 Volunteer Coordinator: Bill Klives	The Special Needs Program provides recreation opportunities for children with physical, mental, or emotional disabilities. Volunteers provide leadership and supervision in sports, games, crafts, and music.	Must be 12 to work independently. 11 year olds must be accompanied by an adult who is willing to be a working volunteer. Contact Coordinator to set up orientation and volunteer schedule.	
<b>SPECIAL OLYMPICS, SAN MATEO</b> <a href="http://www.sonc.org">www.sonc.org</a> 1080 S. Amphlett Boulevard San Mateo, CA 94402 (415) 593-3250 ext 205  Volunteer Coordinator: Angie Calderon	Special Olympics is a sports training and competition program for developmentally disabled children and adults. Train and coach athletes, or assist with registration at events.	Volunteers age 16 and younger are welcome but must be accompanied by a parent or adult volunteer.  <i>See website for volunteer opportunities and information.</i>	

## FOUNDATIONS / MISC.

ORGANIZATION	PURPOSE	OTHER	ACTIVITY DATES
<b>AMERICAN HEART ASSN</b> <a href="http://www.americanheart.org">www.americanheart.org</a> 1710 Gilbreth Rd., Suite 100 San Mateo, CA 94402 (650)259-6776/ (650)259-6808		Volunteer Coordinator: Michael Grant	

<p><b>AMERICAN CANCER SOCIETY</b>  <a href="http://www.cancer.org">www.cancer.org</a>  1650 So. Amphlett Blvd. Ste 110  San Mateo, CA 94402  (650) 578-9902  Volunteer Coordinator: Gay  Brownlee</p>	<p>The American Cancer Society is dedicated to eliminating cancer as a major health problem by preventing cancer and diminishing suffering from cancer through research, education, advocacy, and service. They are willing to tailor a job to each volunteer, depending on interest and time. One-time Service Projects include putting together team captains for the event, Relay for Life, as well as assisting with data entry.</p>		<p>See website for general details.</p>
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